## **MBC Overnight Hike Fixtures Q2-2022**

Dates (days)	Description	Dist / Elevation	Leader	Contact	Grd
2-3 April (2)	Garden Castle: Overnight Saturday either at the Hermit's Wood campsite (tents required) or Swiman hut (R120 pppn). Early start on Sunday to climb Rhino Peak (3051 m), then return home.	20 km 1500 m	Zanele Jele	083 295 1682 zanelejl@yahoo.com	4
8-10 April (3)	Cathedral Peak: Two nights at the MCSA's Cambalala Hut, with a long day walk on Saturday. Hot water, gas stove and fridge, beds and lighting. R250 per person. Limited to 8 only.	16 km + walk	John & Christine Pickup	Christine 082-7826025	3.5
9-10 April (2)	<b>Mkhomazi:</b> McKenzie's Cave, returning via the Nzinga River and Cyprus Cave.	24 km 675 m	David Gay	cougar1@telkomsa.net	3.5
9-23 April	<b>Grand Traverse:</b> Sentinel Car Park to Bushman's Nek. Bookings closed.	225 km	Geoff Tennant	083-7935045 geoffwtennant@gmail.com	5
15-18 April	Grand Traverse Resupply at Giant's Castle: Help resupply this year's GT team at the top of Bannerman Pass and enjoy a long weekend escarpment hike to boot. Climb Popple Peak and/or Mafadi (the highest peak in South Africa at 3 446 metres) and return via Judge Pass. Tents and fitness required!	25 km 1625 m	David Gay	cougar1@telkomsa.net	5
19-22 April (4)	<b>Bushman's Nek:</b> 3-night stay using the Bushman's Nek Hut as the base for day hikes each day. Beautiful area with unlimited number of day hikes available – rivers, pools, waterfalls and Bushman paintings. Only about 1,4 km backpacking to reach the hut. Only cold water available but no problem this time of year. R120 pppn.	Various	Keith Ashton	Keith Ashton by e-mail only. Please include cell number. keimarg@iuncapped.co.za R120 pppn	2+
23-24 April (2)	Highmoor: Beginners' hike to Aasvoëlkrans Cave.	9 km 120 m	Ryan West	073-4517000 raw.designs22@gmail.com	2+
30 April - 2 May (3)	<b>Bushman's Nek:</b> Camp one night at each of 2 tarns below the Devil's Knuckles. This is an exploratory hike and some sections are off-path. Tents required.	30 km 660m	David Gay	cougar1@telkomsa.net	3.5
7 May (1)	Krantzkloof Nature Reserve: Day Hike, starting from Nkutu Gate.	11 km 635 m	Zanele Jele	083 295 1682 zanelejl@yahoo.com	3

7-8 May (2)	Day hike Kloof Gorge, see below				
14-15 May (2)	<b>Kamberg:</b> Sinclair's Cave via the Willem's Shelters and Christmas Shelter rock art sites.	21 km 510 m	David Gay	cougar1@telkomsa.net	3.5
21-22 May (2)	Garden Castle: Exploratory hike to Cod's Eye Cave via Pillar Cave, returning via Sondomzima Ridge and the Tunnel Caves. Most of this route is off-path, so it is not suitable for beginners.	14 km 525 m	David Gay	cougar1@telkomsa.net	3.5
27-29 May (3)	Giant's Castle:  Day 1: Hike from Giant's Castle Camp to Bannerman Hut.  Day 2: Optional - Hike up Bannerman Pass to the escarpment and back down to Bannerman Hut.  Day 3: Hike back to the cars.	25 km 1625 m	Farouk Omarjee	031-5776336 081-5308447 farouk.omarjee@gmail.com	4
4-5 June (2)	Cathedral Peak: Xeni Cave, returning via the contour path.	17 km	John & Christine Pickup	Christine 082-7826025	3.5
4-5 June (2)	Cobham: Camp at The Policeman tarns. Return via Siphongweni Rock National Monument and Tortoise Rocks. Tents required.	25 km 520m	David Gay	cougar1@telkomsa.net	3.5
11-12 June (2)	Witsieshoek:  Day 1: Climb to the summit of the Sentinel.  This hike involves rock climbing with the aid of ropes over exposed sections at high altitude, therefore a head for heights is required.  Robert Sprouse (aka Bugs) is an experienced climber and has kindly offered to lead the climbing section. A minimum of 6 hikers is required for this hike to take place and a maximum of 10 can be accommodated. Spend the night in the Sentinel Caves.  Day 2: Optional day hike to Tugela Falls via the chain ladders and back.	16 km 615 m	Farouk Omarjee	031-5776336 081-5308447 farouk.omarjee@gmail.com	3
16-19 June (4)	Vergelegen: Kaula Cave; escarpment campsite via Mangaun Pass; Bird's Nest Cave via Ka-Ntuba Pass and the Sulphur Spring. Tents required.	45 km 1855 m	David Gay	cougar1@telkomsa.net	4.5
25-26 June (2)	TBA				

## **ADVANCE NOTICE**

Dates	Description	Dist / Elevation	Leader	Contact	Grd
18-28 October 2023	Otter Trail - currently fully booked, waiting list in case of	44km	Ryan	raw.designs22@gmail.com	
(10)	cancellations	3000m	West	raw.designs22@gmail.com	

		Dist /			
DAY HIKES	Description	Elevation	Leader	Contact	Grd
24 April (Sunday)	Virginia Bush, Durban North	+-5km	Heidi Cox	heidi.dinan@gmail.com	2.5
		11.1km			
7 May (Saturday)	Krantzkloof Nature Reserve Kloof. Entrance fee R50	635m,	Zanele	zanelejl@yahoo.com or	
		R50	Jele	0832951682	3
29 May (Sunday)	UMGENI VALLEY – Lovely local area with several different trails to chose from. Wild flowers, birds & wildlife as well as waterfalls & picnic & lunch spots. Although we have hiked in the valley many times it is always popular. R35 entrance fee. Please include your cell number when emailing your booking		Keith Ashton	keimarg@unicapped.co.za	2+
	HIGHMOOR – KADEDAKUSHE FALLS – A less travelled route via "The Plaque position" (denoting the first designated mountain wilderness area in South Africa) to a lovely high double waterfall where we will have lunch. Return route will be slightly different. R50 entrance fee. Please include your cell number when emailing	16km	Keith		
12 June (Sunday)	your booking.	400m	Ashton	keimarg@unicapped.co.za	2+

SOCIALS	TOPIC	SPEAKER
	Jurassic (National) Park, Part 1: Dinosaur footprints and fossil remains in the	
28-Api	Drakensberg	Professor Emese Bordy Dept of Geological Sciences UCT
26-May	Part 2: South African geology and landscape evolution	Professor Emese Bordy Dept of Geological Sciences UCT
23-Jur	Grand Traverse 2022	Geoff Tennant