

MBC Overnight Hike Fixtures Q4-2019

Dates	Description	Dist / Elevation	Leader	Contact	Grd
5-6 October					
12-13 October	Garden Castle: Pillar Cave. Ideal for first time backpackers unsure of their fitness.	10km 160m	Farouk Omarjee	031-5776336 081-5308447 farouk.omarjee@gmail.com	3
12-13 October	Garden Castle: Bushman's Hut via the Giant's Cup Trail and return. R120 pppn.	24km 360m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
19-20 October					
26-27 October	Cobham: Lakes Cave, returning via Siphongweni Rock National Monument and Tortoise Rocks.	28km 240m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
2-3 November					
9-10 November	Mkhomazi: McKenzie's Cave, returning via Cyprus Cave.	23km 710m	John and Christine Pickup	082-7826025 (phone or WhatsApp)	3,5
16-17 November	Injasuti: Lower Injasuti Cave. Ideal for first time backpackers unsure of their fitness.	18km 300m	Farouk Omarjee	031-5776336 081-5308447 farouk.omarjee@gmail.com	3
23-24 November	Injasuti: Visit dinosaur footprints from iNtabamnyana campsite via Poacher's Stream, returning via the Injasuti Outpost.	24km 620m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
30 November - 1 December	Injasuti: Grindstone Cave. Suitable for first time backpackers. Relaxed pace.	12km 400m	Clive Powell	0833034778 clive24powell@gmail.com	3
7-8 December	Injasuti: Marble Baths Cave. Bring your swimming costume!	18km 460m	Farouk Omarjee	031-5776336 081-5308447 farouk.omarjee@gmail.com	3,5
7-8 December	Vergelegen: Visit the Sulphur Spring from Bird's Nest Cave.	28km 660m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
14-16 December	Garden Castle: Wave Cave to Mzimude Cave via Walker's Pass, returning via Mzimude Pass.	30km 1180m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	4

14-16 December	Cathedral Peak: Bell Traverse. Day 1: 14km from hotel up Mlambonja pass to Twins cave. Day 2: 12km Twins Cave to Sherman's Cave via the Bell Traverse. Day 3: 5km return to car park. This is a hike for the very sure-footed, with a good head for heights.	31km 1530m	Andy Brown	072 101 2498 andybza@gmail.com	4,5
21-22 December					
28 December - 2 January	Get far from the maddening crowds and see the New Year in doing what you love most - hiking in the Drakensberg mountains! Mystery route from Monk's Cowl, including an escarpment traverse. Good GT training too.	67km 1850m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	5

DAY HIKES

06-Oct	Kloof Gorge tough Fast and Furious combined route hike with Andy R40 entry 06h30 start	15km	Andy Brown	072 101 2498 andybza@gmail.com	3.5
Sat 26 October	Umdloti to Umhlanga (return) Beach walk & lunch at the Bush Tavern (bring cash). Meet at Umdloti carpark 9am. Pre-book by Thurs 24 Oct please, rain stops play.	12.5km Sea level	Heidi Cox	0827064283 heidi.dinan@gmail.com	2

ADVANCE NOTICE

Dates	Description	Dist / Elevation	Leader	Contact	Grd
11-18 January	Wild Coast: Port Edward to Port St Johns	100km	John and Christine Pickup	082-7826025 (phone or WhatsApp)	4
6-16 March	Peru: Visit the Amazon Jungle and do the Inca Trail to Machu Picchu. The cost is R36 000.	TBA	Farouk Omarjee	081-5308447 / 031-5776336 farouko@telkomsa.net	5
TBA	Grand Traverse: Sentinel Car Park to Bushman's Nek	240km	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	5

SOCIALS

31-Oct	AGM Sherwood Bowling Club				
28-Nov	End of year party				
13-Dec	Victoria Falls a quick ZimZam trip, The Zambezi viewed from every angle - Heidi and Chris Cox				

Sherwood Bowling Club is at 850 Jan Smuts Highway, Sherwood. Socials start at 19h00 talks start at 19h30. Cash bar available.

Note for Hikes:

Please note that it is essential to contact the hike leader prior to any hike in order to establish details and check if any alterations / changes have been put in place.

In the interest of safety, it is the prerogative of the hike leader to decline hikers if he/she has reason to do so.

No litter may be left in any shape or form during any hike, please also refrain from picking flowers, or removing any other natural items from the environment. Take memories, leave footprints.

Feel free to pick up any litter that you may see and dispose of it responsibly.