

MBC Overnight Hike Fixtures Q3-2019

Dates	Description	Dist / Elevation	Leader	Contact	Grd
6-7 July	Cobham: Gxalingenwa cave via the Pholela River, Emerald Stream and Pinnacle Rock.	18km 440m	Andy Brown	072-1012498 andybza@gmail.com	3
13-14 July	Garden Castle: Follow the Giant's Cup Trail to Hidden Valley. Ideal for first time backpackers. Lovely pool next to the camp site. A tent is required.	16km 100m	Farouk Omarjee	031-577 6336 081 530 8447 farouk.omarjee@gmail.com	3
20-21 July	Monk's Cowl: Hike to Injasuti Hutted Camp via the contour path and overnight in the chalets. Return to Monk's Cowl via Wonder Valley and the holiday cottages (unless you can organise yourself a lift back either to Monk's Cowl or home). Carry light as the chalets have crockery, cutlery, towels and bedding. R350 per person in a chalet which sleeps 4.	40km 630m	John and Christine Pickup	0827826025 / 0721512031 Contact via phone or WA	3,5
27-28 July	Cobham: Lakes Cave via the Pholela River, returning via The Policeman, Siphongweni Rock National Monument and Tortoise Rocks.	26km 520m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
3-4 August	Monk's Cowl: Zulu Cave via the Makhulumane Gorge - a little used but spectacular forested gorge leading towards Hlatikhulu Nek and on to Zulu cave. Lots of bundu bashing. Return via the contour path and The Sphinx. A head for heights is required!	25km 560m	Andy Brown	072-1012498 andybza@gmail.com	3,5
9-11 August	Sani Mountain Lodge Backpackers (Passports required) Day 1: Sani Mountain Lodge from the SA Border Post via Phinong Pass or 4X4.	10km 990m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
	Day 2: Climb Thabana Ntlenyana (3482m) or Hodgson's Peaks	12-21km 380m			
	Day 3: Walk or drive down Sani Pass to the SA Border Post.	9km 990m			
17-18 August	Giant's Castle: Bannerman Hut via Bannerman Ridge.	22km 550m	Farouk Omarjee	031-577 6336 081 530 8447 farouk.omarjee@gmail.com	3

24-25 August	Bushman's Nek: Tarn Cave via the ridge route, returning via Lammergeier Cave.	25km 660m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
30 Aug - 1 Sept	Club Campout Mahai campsite. Social camping weekend. Medium and beginner hikes on Saturday, social braai Saturday night, light walk Sunday morning.	Various	Amy & Brent Kloppers	amykloppers030218@gmail.com	
7-8 September	Cobham: Visit the dinosaur footprints from Mzimkhulwana Hut.	29km 300m	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5
14-15 September	Injasuti: Wonder Valley Cave via van Heyningen's Pass and Shada Ridge.	18km 470m	Farouk Omarjee	031-577 6336 081 530 8447 farouk.omarjee@gmail.com	3
20-24 September	Cathedral Peak: General exploration from Cambalala Hut.	Various	David Gay	074-5803511 (18h00-20h00 Mon-Thurs only) cougar1@telkomsa.net	2-3
27-29 September	Witzieshoek / Sentinel: Travel through to Witzieshoek on Friday afternoon, climb Mont-Aux-Sources peak (3282m) from the Sentinel car park via the Chain Ladders on Saturday ("one-day-dash"), and return Sunday. A head for heights is required!	22km 750m	Andy Brown	072-1012498 andybza@gmail.com	4

ADVANCE NOTICE

Dates	Description	Dist / Elevation	Leader	Contact	Grd
NEW DATE 15-29 March 2020	Trip to Peru. Visit the Amazon Jungle and do the Inca Trail to Machu Picchu.	TBA	Farouk Omarjee	081-5308447 / 031-5776336 farouko@telkomsa.net	3,5

DAY HIKES

Dates	Description	Dist / Elevation	Leader	Contact	Grd
17-Aug	African Fish Eagle Trail Meet at The Green Hub (Blue Lagoon) at 09h15 depart 09h30. Walk through the Beachwood Mangroves, up the North Bank of the Umgeni River to the SPCA (Springfield) bring cash for coffee, return on the same route. Rain stops play. Pre-book by Friday 16 Aug.	12.5km Sea level	Heidi Cox	0827064283 heidi.dinan@gmail.com	2
Saturday 21 September	International Coastal Cleanup A very important global event on the environmental calendar, join MBC to assist in monitoring litter in our waterways and oceans. 08h00 start, full details to be confirmed, likely meet at Beachwood Mangroves.	1-2km Sea level	Heidi Cox	0827064283 heidi.dinan@gmail.com	N/A
SOCIALS (Sherwood Bowling Club, 850 Jan Smuts Highway, Sherwood, 4 th Thursday of the month unless otherwise specified)					
Dates	Title			Speaker	
25-Jul	Pancake night & Overview of hikes in the Mahai area				
22-Aug	Vics Falls – a 1 week adventure			Heidi and Chris Cox	
26-Sep	Trappers' Trail			Jenny Rookes	